

Emily Rock

Emily began her dance training at the age of 5 and has studied Ballet, Tap, Jazz, Hip Hop, Lyrical, Contemporary, Celtic & Soft Celtic. She had the opportunity to study at the Glens Falls Ballet & Dance studio. There she studied Ballet under Robert Mariano, who was trained directly under George Balanchine. Emily Performed in the Nutcracker, directed by Robert Mariano & Charlene Poster. She also studied jazz under Charlene Poster. While at GFBDC, Emily performed at the Charles R Wood Theater, SPAC & in New York City. She also took some time and studied in NYC at Steps on Broadway when she was age 15. Once graduated from high school, Emily moved to Mechanicsburg, PA, took classes and taught at Dance Revelation. While at DR, she studied under Johanna Leach, Erin Morgan & many others. She taught minis to intermediate classes and assisted with advanced classes. After teaching and dancing for two years with DR, Emily moved back to Rutland, VT, to work at her family business, get married, and have two beautiful girls, Adelaide & Josephine, who will attend Starlights Dance Academy starting fall of 2022. She has strong training in jazz and contemporary and is excited to share her passion and knowledge of dance.